



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## READY SET HIKE!



### MERIDEN–NEW BRITAIN–BERLIN YMCA SPRING NFL FLAG FOOTBALL

NFL FLAG Powered by USA Football provides opportunities for children to enjoy America's favorite sport. Players benefit by being physically active through non-contact, continuous action while learning the fundamentals of football, lessons in teamwork and sportsmanship. (nflflag.com)

Children will have fun wearing NFL team jerseys and participate in weekly games. Temperature checks and masks are required. Volunteer coaches are needed.

**Day/Dates:** Mondays April 26–June 14, 2021 (no games Monday May 31st)

**Time/Age:** 5:15 – 6:15 p.m. (5–7 year olds)  
6:30 – 7:30 p.m. (8–10 year olds)  
7:30 pm – 8:30 pm (11–13 year olds)

**Location:** Lincoln Middle School, Meriden

**Fees:** Full Members \$59 Program Members \$89

**Register:** Contact the Meriden YMCA at 203.235.6386 or the New Britain YMCA at 860.229.3787.

MERIDEN–NEW BRITAIN–BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.

MERIDEN YMCA  
110 West Main Street  
Meriden, CT 06451  
203 235 6386  
[www.meridenymca.org](http://www.meridenymca.org)  
[facebook.com/YMCA.Meriden](https://facebook.com/YMCA.Meriden)

NEW BRITAIN YMCA  
50 High Street  
New Britain CT 06051  
860 229 3787  
[www.nbbymca.org](http://www.nbbymca.org)  
[facebook.com/NBBYMCA](https://facebook.com/NBBYMCA)

BERLIN YMCA  
362 Main Street  
Berlin CT 06037  
860 357 2717  
[www.nbbymca.org](http://www.nbbymca.org)  
[facebook.com/BerlinYMCA](https://facebook.com/BerlinYMCA)